

WORKING SAVIOR:

Jesus in the Gospel of Mark



Rest

Rest

- “Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

– Matthew 11:28-30

Mark 2

- Jesus says, “My son, your sins are forgiven.”
- Jesus eats with the tax collectors and sinners.
- The disciples of Jesus do not fast.

Lord of the Sabbath

- One Sabbath he was going through the grainfields, and as they made their way, his disciples began to pluck heads of grain. ²⁴ And the Pharisees were saying to him, “Look, why are they doing what is not lawful on the Sabbath?” ²⁵ And he said to them, “Have you never read what David did, when he was in need and was hungry, he and those who were with him: ²⁶ how he entered the house of God, in the time of Abiathar the high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and also gave it to those who were with him?” ²⁷ **And he said to them, “The Sabbath was made for man, not man for the Sabbath. ²⁸ So the Son of Man is lord even of the Sabbath.”**

– Mark 2:23-28

Lord of the Sabbath

- Again he entered the synagogue, and a man was there with a withered hand. ² And they watched Jesus, to see whether he would heal him on the Sabbath, so that they might accuse him. ³ And he said to the man with the withered hand, “Come here.” ⁴ And he said to them, “Is it lawful on the Sabbath to do good or to do harm, to save life or to kill?” But they were silent. ⁵ And he looked around at them with anger, grieved at their hardness of heart, and said to the man, “Stretch out your hand.” He stretched it out, and his hand was restored. ⁶ **The Pharisees went out and immediately held counsel with the Herodians against him, how to destroy him.**

– Mark 3:1-6

What is the Sabbath?

- One of the 10 Commandments
- Observe the Sabbath day, to keep it holy, as the LORD your God commanded you. ¹³ Six days you shall labor and do all your work, ¹⁴ but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work...
 - Deuteronomy 5:12-14

The Sabbath

- Six days you shall gather it, but on the seventh day, which is a Sabbath, there will be none. ²⁷ On the seventh day some of the people went out to gather, but they found none. ²⁸ And the LORD said to Moses, “How long will you refuse to keep my commandments and my laws? ²⁹ See! The LORD has given you the Sabbath; therefore on the sixth day he gives you bread for two days. Remain each of you in his place; let no one go out of his place on the seventh day.” ³⁰ So the people rested on the seventh day.

— Exodus 16:26-30

The Sabbath

- And the Pharisees were saying to him, “Look, why are they doing what is not lawful on the Sabbath?”
 - Mark 2:24
- And they watched Jesus, to see whether he would heal him on the Sabbath, so that they might accuse him.
 - Mark 3:2

The Sabbath

- And he said to them, “The Sabbath was made for man, not man for the Sabbath. ²⁸ So the Son of Man is lord even of the Sabbath.”

– Mark 2:27-28



Healing on the Sabbath

- And he said to them, “Is it lawful on the Sabbath to do good or to do harm, to save life or to kill?” But they were silent. ⁵ And he looked around at them with anger, grieved at their hardness of heart, and said to the man, “Stretch out your hand.” He stretched it out, and his hand was restored.

– Mark 3:4-5

How do we work?



- Too much work!
- We have a limited amount of strength.

How do we work?

- And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed. ³⁶ And Simon and those who were with him searched for him, ³⁷ and they found him and said to him, “Everyone is looking for you.”
– Mark 1:35-37



Time Alone with God

- Rest
- Peace
- Joy
- Nourishment
- Energy
- Strength



Spiritual Nourishment

- One Sabbath he was going through the grainfields, and as they made their way, his disciples began to pluck heads of grain.
– Mark 2:23

Healing and Equipping

- And he said to the man with the withered hand, “Come here.” ...and said to the man, “Stretch out your hand.” He stretched it out, and his hand was restored.
 - Mark 3:3, 5-6
- For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.
 - Ephesians 2:10

Who's Strength

- For this **I toil**, struggling with all **his energy** that he powerfully works within me.
 - Colossians 1:29
- Therefore, my beloved, as you have always obeyed, so now, not only as in my presence but much more in my absence, **work** out your own salvation with fear and trembling, ¹³ **for it is God who works** in you, both to will and to work for his good pleasure.
 - Philippians 2:12-13